



Connected Cardiovascular Care Associates

CT Instructions

Please read this document carefully and follow all instructions that apply to you.

Name _____

Date _____ Time _____

Please arrive **15 minutes** prior to your scheduled appointment time unless otherwise noted. Please call 214-814-1550 for any questions or cancellations.

CALCIUM SCORING: TEST PREPARATION

- No caffeine or caffeinated products 6 hours prior to scan (includes coffee, soda, and chocolate).
- No tobacco/nicotine products such as gum, patch, or vaping 6 hours prior to scan.
- Wear loose fitting clothing that does not contain any metal (NO zippers, buttons, clasps, etc.).

CTA: WHAT TO DO BEFORE YOUR PROCEDURE

- **Blood work to assess your kidney function must be drawn at least 2 business days prior to your scheduled appointment.** Assume lab results are normal if you do not hear from us. Lab results not returned to the practice at least 1 business day prior to your scheduled appointment will result in the cancellation of your appointment and is subject to our no-show/late cancellation fee.
- *Coronary CTA Only:* If prescribed, please take beta blocker medication 30 minutes before your appointment.
- *FEMALE PATIENTS ONLY: Any woman of child-bearing age who has not had a hysterectomy will have a pregnancy test included in their required blood work.*

CTA: TEST PREPARATION

- Do NOT eat **4 hours** prior to your scheduled appointment time.
- Wear loose fitting clothing that does not contain any metal (NO zippers, buttons, clasps, etc.).
- **Drink additional water (1 - 1½ quarts) the day prior to your appointment. Continue to drink water up until your appointment time. You will be receiving an IV, and being hydrated helps with getting IV access.**
- Take your medications as normally prescribed, EXCEPT the following:
 - Diabetic: Metformin (Glucophage) for 48 hours **AFTER** the scan.
 - Diuretic medications (aka water pills): Hold morning of the test. Continue diuretic after exam.
- *Coronary CTA Only:* No caffeine **6 hours** prior to scan.
- *Coronary CTA Only:* No tobacco/nicotine products such as gum, patch, or vaping 6 hours prior to scan.
- *Coronary CTA Only:* Do not take medications for sexual dysfunction (Viagra, Cialis, or Levitra) 48 hours prior to scan.
- *Coronary CTA Only:* Your cardiologist may prescribe beta blocker medication to be taken 30 minutes prior to your scan based on your heart rate. Take as directed.

*****We do not perform scans if you are allergic to contrast*****

Please consult your physician or office staff should you have any questions about these instructions.

CANCELLATION POLICY

Please provide at least **1 Business Day's notice** if you need to cancel or reschedule your appointment. Failure to cancel at least 1 business day in advance will result in a cancellation fee:

- CTA cancellation fee of **\$250**
- Calcium Score cancellation fee of **\$50**

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THE FUTURE OF CARDIOVASCULAR CARE™