



Daily Blood Pressure Diary

Patient Name: _____

Provider: _____

Date	Time	B/P	Pulse	Comments

Instructions:

- Measure blood pressure in the morning and late afternoon.
- Sit with both feet on the floor for at least two minutes before measurement.
- Record your results on this sheet and bring to next office visit.

12720 Hillcrest Rd., Ste. 300, Dallas, TX 75230
1005 W. Ralph Hall Pkwy., Ste. 225, Rockwall, TX 75032