



# Connected Cardiovascular Care Associates

## CT Instructions

Please read this document carefully and follow all instructions that apply to you.

Name \_\_\_\_\_ Date & Time \_\_\_\_\_

Please arrive **15 minutes** prior to your scheduled appointment time unless otherwise noted. Please call 214-814-1550 for any questions or cancellations.

### CALCIUM SCORING - TEST PREPARATION:

- No caffeine or caffeinated products 6 hours prior to scan (to include coffee, soda and chocolate).
- No tobacco/nicotine products such as gum, patch, or vaping 6 hours prior to scan.
- Do not take medications for sexual dysfunction (Viagra, Cialis, or Levitra) **48 hours prior** to scan.
- Wear loose fitting clothing that does not contain any metal (NO zippers, buttons, clasps, etc.).

### CTA - WHAT TO DO BEFORE YOUR PROCEDURE:

- **Blood work results to assess your kidney function is needed if ordered by your MD or if you have a history of kidney disease.**
- *Coronary CTA Only:* Please take one tablet of Metoprolol 50mg sixty (60) minutes before your appointment and bring the other tablet with you to your appointment.
- *FEMALE PATIENTS ONLY:* Any woman of child-bearing age, who has not had a hysterectomy, will have a pregnancy test included in their required blood work.

### CTA: TEST PREPARATION:

- Do NOT eat **4 hours** prior to your scheduled appointment time.
- Wear loose fitting clothing that does not contain any metal (NO zippers, buttons, clasps, etc.).
- **Drink additional water (1 - 1½ quarts) the day prior to your appointment. Continue to drink water until your appointment time. You will receive an IV, and being hydrated helps with IV access.**
- Take your medications as normally prescribed, EXCEPT the following:
  - Diabetic: Metformin (Glucophage) for 48 hours **AFTER** the scan.
  - Diuretic medications (aka water pills): Hold morning of the test. Continue diuretic after exam.
- *Coronary CTA Only:* No caffeine **6 hours prior** to scan.
- *Coronary CTA Only:* No tobacco/nicotine products such as gum, patch, or vaping **6 hours prior** to scan.
- *Coronary CTA Only:* Do not take medications for sexual dysfunction (Viagra, Cialis, or Levitra) **48 hours prior** to scan.
- *Coronary CTA Only:* Please take one tablet of Metoprolol 50 mg sixty (60) minutes before your appointment and bring the other tablet with you to your appointment.

**\*\*\*We do not perform scans if you are allergic to contrast\*\*\***

*If you have any questions about these instructions, please consult your physician or staff.*

Please provide at least **1 Business Days' notice** if you need to cancel or reschedule your appointment.

Failure to cancel at least 1 business day in advance will result in a cancellation fee:

- CTA cancellation fee: **\$250**
- Calcium Score cancellation fee: **\$50**

**Watch our Patient Education video for more information. Scan the QR code below using the camera on your smart phone, or visit [www.youtube.com/@ConnectedCardiovascularCare](http://www.youtube.com/@ConnectedCardiovascularCare)**

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